**PLEASE PRINT CLEARLY TO RECEIVE MILEAGE FOR THIS RIDE – SBRA ID # (on your My account page when logged in)**

| Ride Leader: DAWSON PFISTERER | Date: 1/2/22 | Miles: 0 | Class: C+ |
|---|---|---|---|
| Sweep: | 2nd Ride Leader: | | |
| Ride Title (required): YAPHANK | 2nd Sweep: | | |

| | SBRA ID # | | | Print Name CLEARLY for mileage stats | Signature | Emergency Phone# | Cell# | Member |
|---|---|---|---|---|---|---|---|---|
| 1 | 4 | 1 | 3 | Ride Leader DAWSON PFISTERER | | (631)585-6417 | (631)879-7435 | CHECK ONE ✔ N |
| 2 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 3 | | | | NO ONE SHOWED UP FOR | | ( ) | ( ) | CHECK ONE Y N |
| 4 | | | | RIDE. DROVE TO BELLPOR | | ( ) | ( ) | CHECK ONE Y N |
| 5 | | | | TO GO ON JEFF'S RIDE | | ( ) | ( ) | CHECK ONE Y N |
| 6 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 7 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 8 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 9 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 10 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 11 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 12 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 13 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 14 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 15 | | | | | | ( ) | ( ) | CHECK ONE Y N |
| 16 | | | | | | ( ) | ( ) | CHECK ONE Y N |

If there are **more than 15 participants** on this ride, **it is recommended for safety** to split into two groups with a second Ride Leader and Sweep. No credit applies for 2nd RL or Sweep.

## Ride Leader Pre-Ride Announcements & Checklist

- Riders should have water, spare tube & patch kit, tools and pump.
- Helmets are required on all SBRA rides.
- Riders should carry identification and emergency phone number.
- Ask for a volunteer sweep for all structured rides of more than a few riders.
- Ride Leaders are not responsible for cyclists who ride ahead of the ride leader.
- If a rider leaves the ride, ask them to inform the ride leader or sweep.
- All Riders must sign the sign-in sheet and the leader should carry the sheet on the ride.
- Stop for all red lights.
- Ride single file. If someone calls "Car Back," ride as far to the right as possible. Use your mirror!

- Riders are prohibited from wearing any type of headphone device while on an SBRA ride.
- Do not block turn lanes or intersections.
- Ride predictably. Signal for turns, slowing or stopping.
- Announce yourself when passing.
- Remember: Sharing the road applies to cyclists as well as to motorists. The way we behave as a group is a reflection on all cyclists.
- As a non-member rider you are welcome to participate on (1) SBRA ride. After your first ride you are encouraged to join SBRA to continue participation on additional club rides.
- **NOTE:** SBRA does not allow the use of electronic programs for individual timed segments (ie: Strava and other such programs) on group rides.

**Upon completion of the ride promptly forward this sheet(s) to club ride statistician.** Scan & email all ride sheets to: statistician@SBRAweb.org

☐ Y  ☑ N  An incident occurred on this ride.  ➱ **Ride Leader** must enter the **Average Speed** this ride came in at: [ 0 ] (mph)
(Required information to receive ride leader credit)

☐ **Minor incident (explain):** _____

☐ **Major incident/accident:** If someone is injured please fill out an **"Incident Report Form."** See SBRA website (left side navigation links): Rides > Sign-In Sheets